

# Introducing ReturnToWorkSA's Medical Advisors

Our Medical Advisors provide you with free clinical support, strategies to manage complex patients, system support, and referral pathways for clinicians treating work-injured patients.



## Dr Thanh Ha

Thanh graduated from the University of South Australia with a Bachelor of Physiotherapy, with honours, in 1998. She worked as a musculoskeletal and cardiothoracic physiotherapist in Tasmania, QEH, Flinders Medical Centre and Sir Charles Gardner Hospital for 8 years before and whilst undertaking further medical studies in Perth.

Thanh then graduated from The University of Western Australia with a Bachelor of Medicine, Bachelor of Surgery, with honours, in 2008, and was appointed as lecturer for the University of Western Australia in Anatomy, Physiology and Pathology.

She completed a PhD in Surgery in 2014 with the University of Adelaide, before commencing Specialist Training in Ear, Nose and Throat Surgery. In 2017, Thanh changed pathways and found passion in managing patients with work injuries - both musculoskeletal as well as psychological.

Her physiotherapy experience, surgical training, and teaching appointments combine effectively in assessing and managing patients in the return to work space.

Thanh currently works as an Occupational Medicine Practitioner in Salisbury and Payneham with a special interest in the prevention and management of work injuries.



## Dr Zen Yap

Zen is an Occupational Physician with experience in various industries including meatworks, healthcare, hospitality, mining and transport.

She graduated from University of Adelaide in 2008 and completed her fellowship for Occupational and Environmental Medicine (FAFOEM) in 2021. She won the Award for Academic Excellence from the Safety Institute of Australia in 2017 upon completion of the Graduate Diploma in Occupational Health and Safety (University of South Australia). She also won the Ramazzini Prize by the Australasian Faculty of Occupational and Environmental Medicine (AFOEM) in 2021 for her research titled – *“Social determinants of health and surgical outcomes for chronic lower back pain: A Systematic Review.”*

Zen is passionate about health surveillance, worker rehabilitation, patient outcomes and injury prevention. She is also enthusiastic about education and is involved in training the next generation of occupational physicians.

Zen currently consults at OccMed Solutions, Next Generation Occupational Medicine and is working at BAE and ASC Pty Ltd as their Occupational Physician.



## Dr Karthik Badrinath

Karthik is a specialist Sport and Exercise Physician who is passionate about providing expert musculoskeletal care.

He is a dual-fellowship trained medical specialist obtaining his Sport and Exercise medicine fellowship (FACSEP) in 2022 and his Fellowship in General Practice (FRACGP) in 2018. He is also a qualified physiotherapist completing a physiotherapy degree at the University of South Australia in 2009.

Having an understanding of the intricacies in physiotherapy management, Karthik enjoys working with physiotherapists, podiatrists and exercise physiologists to help his patients return to an active lifestyle.

Karthik is currently a team doctor for the Adelaide Crows AFL and SANFL teams and an AFLW match day doctor. He is a tournament physician for the Adelaide International tennis tournament and was the Afghanistan cricket team doctor for the 2022 ICC Men's T20 World Cup.

**Dr Thanh Ha, Dr Zen Yap or Dr Karthik Badrinath are available to support you**

**Call 08 8238 5757 or email [providers@rtwsa.com](mailto:providers@rtwsa.com)**